



Physical Education Year At A Glance

Teacher: Mr. Shelton

	September	October	November	Decmeber	January	Febuary	March	April	May
Kindergarten	Building a Foundation	Manipulatives /ASAP's	Manipulatives/Balance Stunts and Tumbling	Balance Stunts Tumbling/ASAP's	Catching and Throwing/Jumping	Jumping/Dance	Dribbling, Volleying, Striking	Dribbling, Volleying, Striking	Limited Space/Recess Games
1st Grade	Building a Foundation	Manipulatives /ASAP's	Manipulatives/Balance Stunts and Tumbling	Balance Stunts Tumbling/ASAP's	Catching and Throwing/Jumping	Jumping/Dance	Dribbling, Volleying, Striking	Dribbling, Volleying, Striking	Limited Space/Recess Games
2nd Grade	Building a Foundation	Manipulatives /ASAP's	Manipulatives/Balance Stunts and Tumbling	Balance Stunts Tumbling/ASAP's	Catching and Throwing/Jumping	Jumping/Dance	Dribbling, Volleying, Striking	Dribbling, Volleying, Striking	Limited Space/Recess Games
3rd Grade	Aerobic Games/Football	Chasing and Fleeing Cooperatives	Fitness Challenges/Flying Disc	Fitness Circuits/Basketball	Group Fitness/Hockey	Jump Rope/Volleyball	Walk/Jog/Run/Dance	Soccer	Softball
4th Grade	Aerobic Games/Football	Chasing and Fleeing Cooperatives	Fitness Challenges/Flying Disc	Fitness Circuits/Basketball	Group Fitness/Hockey	Jump Rope/Volleyball	Walk/Jog/Run/Dance	Soccer	Softball
5th Grade	Aerobic Games/Football	Chasing and Fleeing Cooperatives	Fitness Challenges/Flying Disc	Fitness Circuits/Basketball	Group Fitness/Hockey	Jump Rope/Volleyball	Walk/Jog/Run/Dance	Soccer	Softball
6th Grade	Flying Disc/Ultimate Frisbee	Soccer/Fitness	Cooperatives/Basketball	Jump Rope/Kin-Ball	Dance	Handball	Volleyball	Racquets and Paddles/Track and Field	Track and Field/World Games
7th Grade	Flying Disc/Ultimate Frisbee	Soccer/Fitness	Cooperatives/Basketball	Jump Rope/Kin-Ball	Dance	Handball	Volleyball	Racquets and Paddles/Track and Field	Track and Field/World Games
8th Grade	Flying Disc/Ultimate Frisbee	Soccer/Fitness	Cooperatives/Basketball	Jump Rope/Kin-Ball	Dance	Handball	Volleyball	Racquets and Paddles/Track and Field	Track and Field/World Games

June
Games/Field Day
Games/Field Day
Games/Field Day
Aerobic Games/Field Day
Aerobic Games/Field Day
Aerobic Games/Field Day
World Games/Field Day
World Games/Field Day
World Games/Field Day